

Border 1: Simple border

Collect your 0.25m Medium fabric

Cut (4) strips 2" x WOF

Subcut two side borders – 2" x 36½"

Subcut two top/bottom borders – 2" x 27½"

Border 2: Pieced blocks 3" finished

44 side blocks

4 corner blocks

Cutting for side blocks:

Medium Fabric: Cut (3) strips of fabric at 4" x WOF

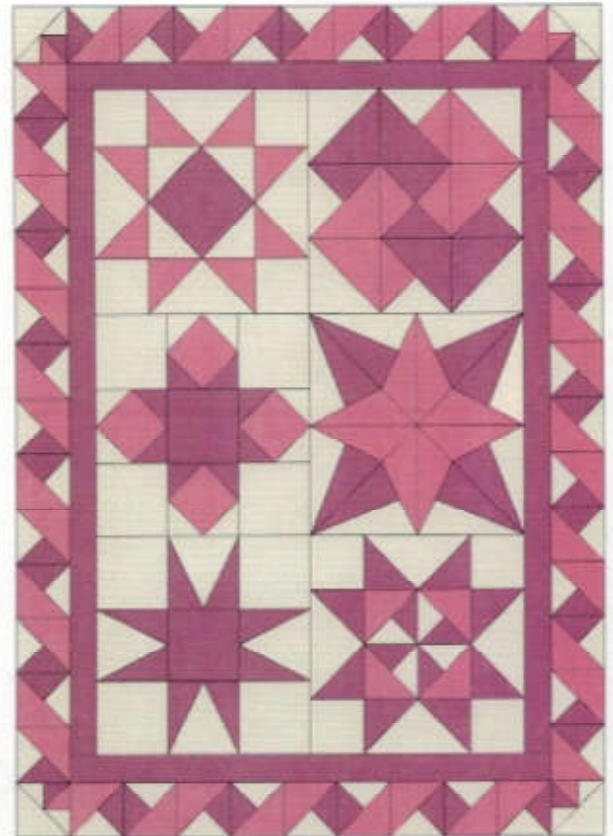
Subcut into (22) 4" squares

Dark fabric: Cut (2) strips at 4½" x WOF

Subcut into (11) 4½" squares

Background Fabric: Cut (2) strips at 4½" x WOF

Subcut into (11) 4½" squares



Cutting for Corner Blocks: (use remainders from cutting side blocks)

Medium Fabric: Cut (2) squares at 2 3/8" (for HSTs)

Dark Fabric: Cut (2) squares at 2 3/8" (for HSTs)

Background Fabric: Cut (4) squares at 2 3/8"
Cut (2) squares at 3 7/8"

Sewing quilt centre "panel"

Lay your blocks out an arrangement that is pleasing to you – 2 blocks wide x 3 blocks tall.

Sew the blocks into rows, then sew all of your rows together to make your centre "panel". This panel should measure 24½" x 36½".

First border: Sew the medium side borders (2 x 36½") on first, then press. Add the top/bottom borders, (2 x 27½") press carefully.

Your top should now measure 27½" x 39½".

Border 2: Pieced Border

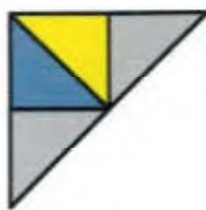
Instructions for Four Corner Blocks:

Pair the two dark $2\frac{3}{8}$ " squares and the two medium $2\frac{3}{8}$ " squares and make dark/medium HSTs from each.

Draw a line diagonally on the wrong side of the light squares. Pair each dark square with each medium square, right sides together. Sew a scant $\frac{1}{4}$ " from each side of the drawn line. Cut the squares diagonally in half along the drawn line. You now have (4) dark/medium 2" HSTs.

Collect the (4) $2\frac{3}{8}$ " background squares. Cut them diagonally in half, once. You now have (8) small triangles.

Collect the dark/medium HSTs and the small background triangles. Ensure the dark side of the HST is on the left. Sew a small background triangle to each side of the HST. They must all be the same. Align the triangle to the HST so that the point overhangs, and the flat side of the triangle and HST are aligned. Be sure the end result looks like this:



Collect the (2) $3\frac{7}{8}$ " background squares. Cut them diagonally in half, once. You now have (4) large triangles.

Collect the 3-color triangles and ensure that all of the HSTs are orientated with the dark on the left and the light on the right.

Add a large background triangle to the bottom of the newly created 3-color triangle to form a $3\frac{1}{2}$ " square.



Making the side Blocks:

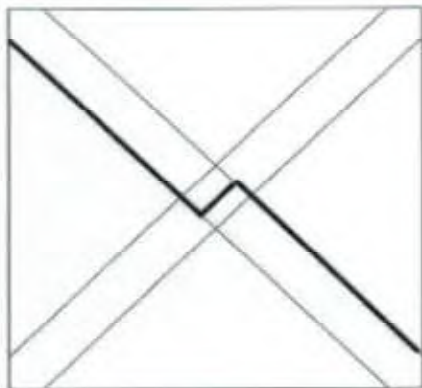
INSTRUCTIONS FOR SPLIT QUARTER SQUARE TRIANGLES:

The following method provides instruction to sew 2-color triangles, four-at-a-time. These blocks will require trimming to size.

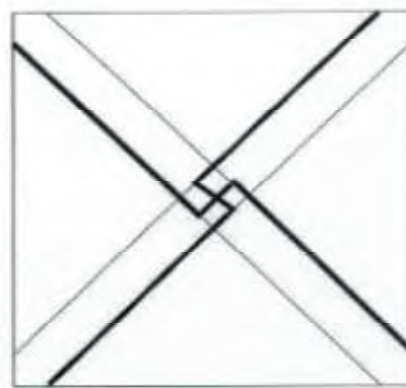
To sew (44) **identical** two-color triangles, Four-at-a-Time:

Collect the (11) background $4\frac{1}{2}$ " squares. On the wrong side, use a regular ruler or Quick Quarter Inch ruler to draw two lines from corner to corner, each $\frac{1}{4}$ " away from the centre. Then pivot the block and draw two lines $\frac{1}{4}$ " away from the centre, so that your square has two sets of diagonal lines.

Step 1: Pair a dark $4\frac{1}{2}$ " square with a background $4\frac{1}{2}$ " square, right sides together, light fabric on top. Sew along **LEFT** line until the centre (between the two sets of drawn lines), then pivot, sew a few stitches so that you reach the line on the right side of centre, pivot, and sew to the corner of the block. (Note that these sewing directions are different from the YouTube video referenced below.)

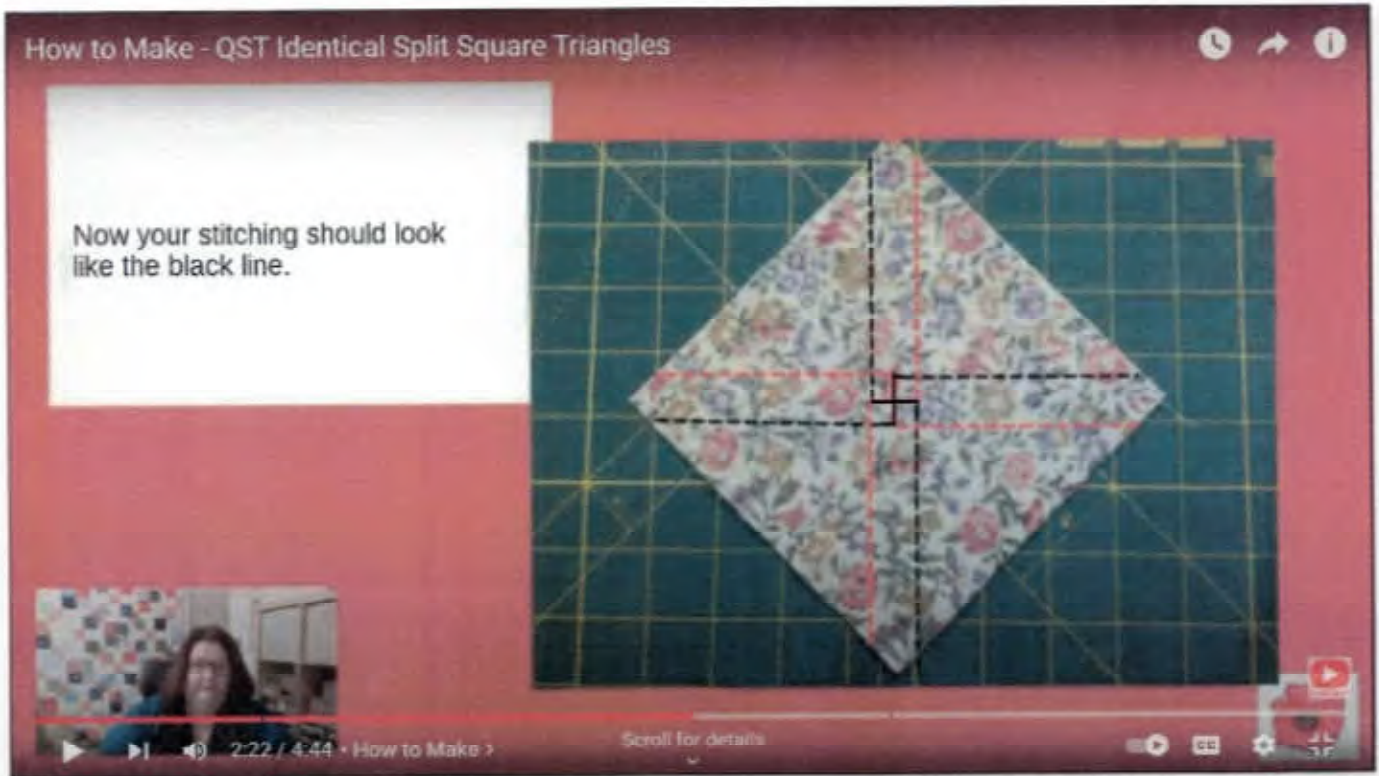


Step 1



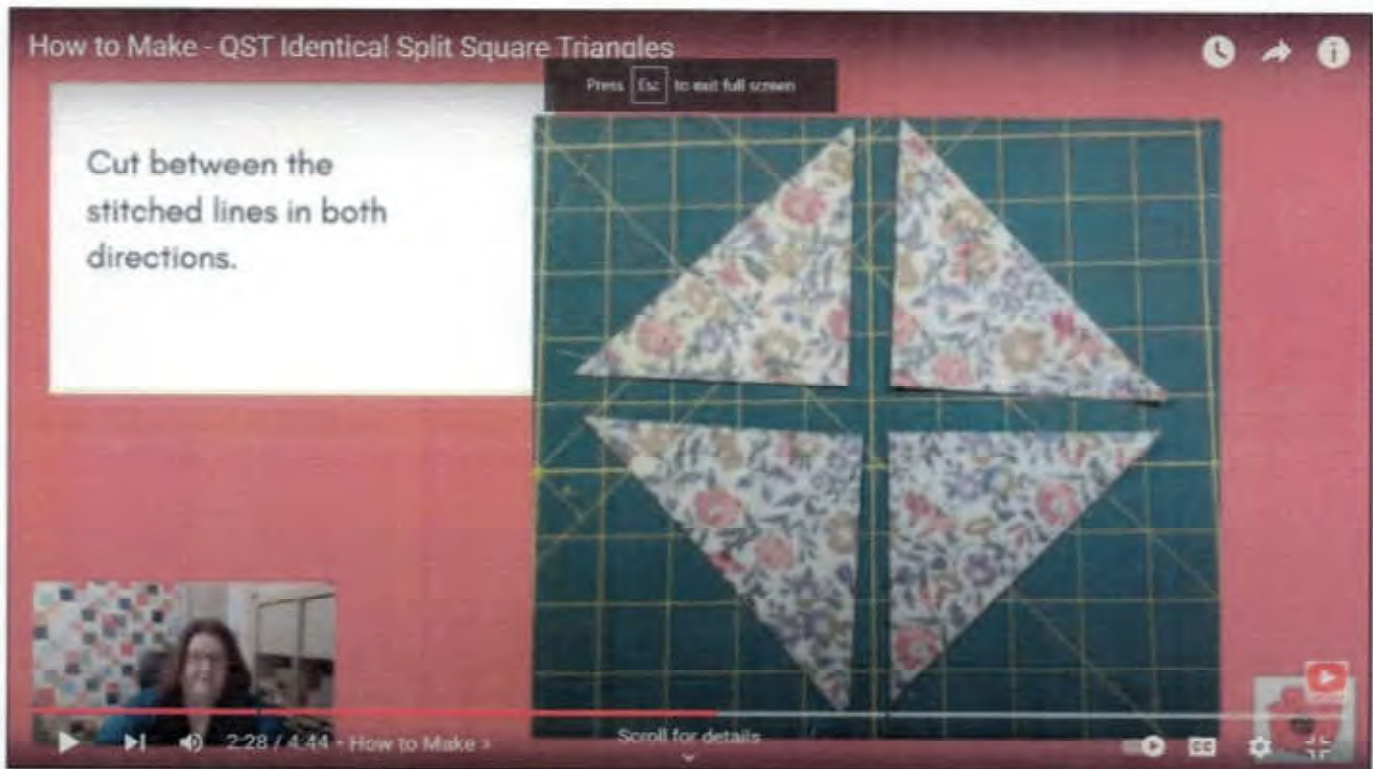
Step 2

Step 2: Turn your block and repeat this step for the second pair of lines, sewing on the **LEFT** side. You are sewing two seams in total, but neither of them are straight lines – each one needs to pivot in the middle and change “sides.” **IF YOU SEW THE SEAMS STRAIGHT WITHOUT PIVOTING IN THE MIDDLE, YOU WILL END UP WITH TRIANGLES THAT ARE MIRROR IMAGES.** You need all of your triangles to be the same.



The above image is from the YouTube Poppy Patchwork Channel – How to Make QST Identical Split Square Triangles.

Cut your block from corner to corner, between the two seams. Rotate block and cut between the other two seams. You now have (4) two-color triangles that are identical, with the dark fabric on the left. Repeat, to make (44) two-color triangles.



This will result in four identical pieced triangles.

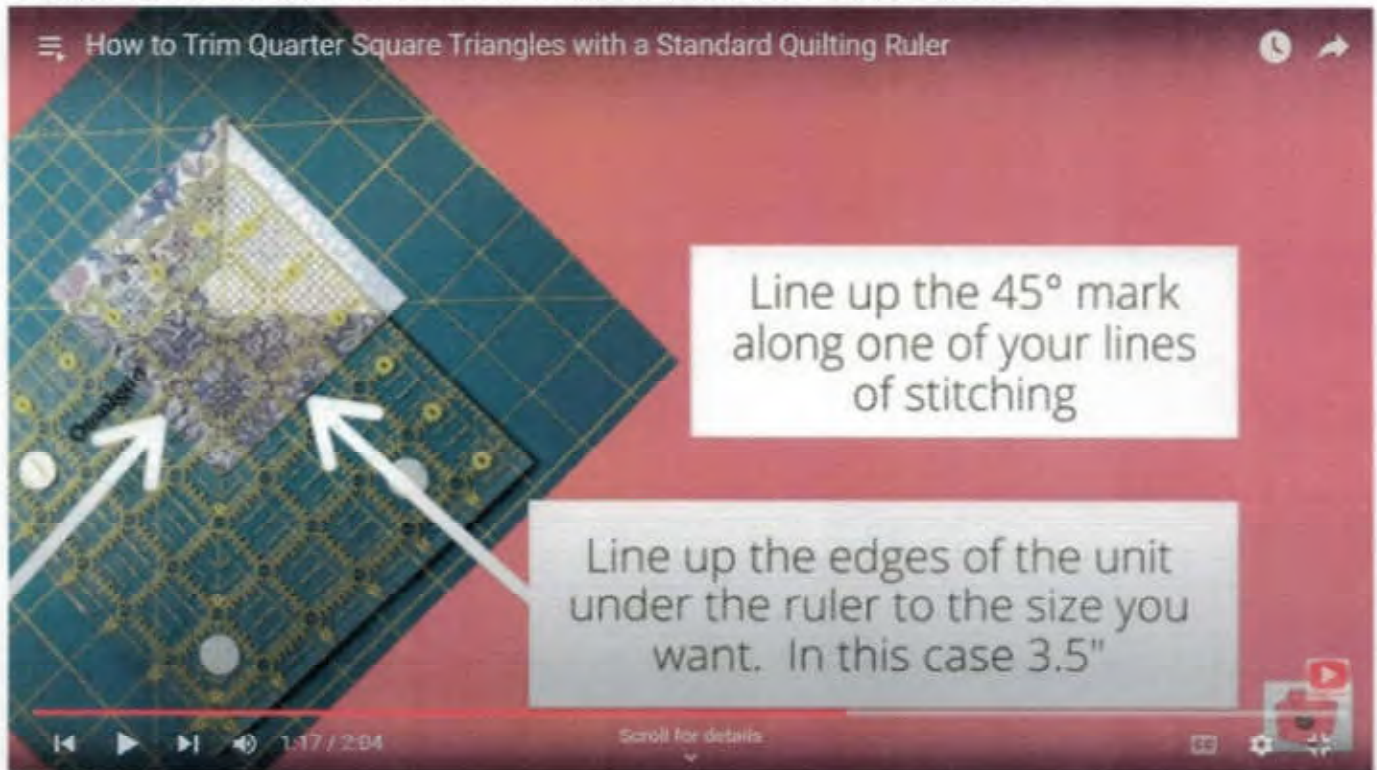
**YouTube video by Poppy Patchwork entitled
How to Make - QST Identical Split Square Triangles**

Collect the (22) medium fabric 4" squares, and cut them diagonally in half, once. You now have two triangles for every square for a total of (44).

Pair a medium triangle with a 2-color triangle and sew together into a square, aligning the long edges of the triangle. Sew with a $\frac{1}{4}$ " seam. Repeat to make 44.

Trim squares down to $3\frac{1}{2}$ ". Follow the directions below, to trim using a regular quilting ruler.

To use a regular quilting ruler to square up your triangles, collect a Split Square Quarter Triangle block. Images are from the Poppy Patchwork YouTube channel.



Be sure that when you prepare to trim, the 3 ½" placement of the ruler means that the fabric seams are in the corners of the square, so you will not lose your points.



Your square is now the correct size at 3½".

Sewing the Border Blocks together:

Collect the four corner blocks, and the (44) side blocks. They should all be $3\frac{1}{2}$ " square.

Lay them out around your quilt top following the image on the right. It is important that your quilt top measures very close to $27\frac{1}{2}$ " x $39\frac{1}{2}$ " so that the pieced border fits around the centre area.

Note the orientation of the corner blocks in relation to the side blocks. Begin with the corner block in the top left hand corner. Rotate the blocks so they result in a "curling ribbon" layout. Place all of your border blocks so they are orientated correctly before you begin sewing. Pay particular attention to the orientation of the corner blocks.

There are (13) pieced blocks in each of the side borders.

There are (2) corner blocks and (9) pieced blocks in each of the top/bottom borders.

Sew the side pieced blocks together, and sew each side border to the quilt top. Press carefully. Your side border length should measure $39\frac{1}{2}$ " long.

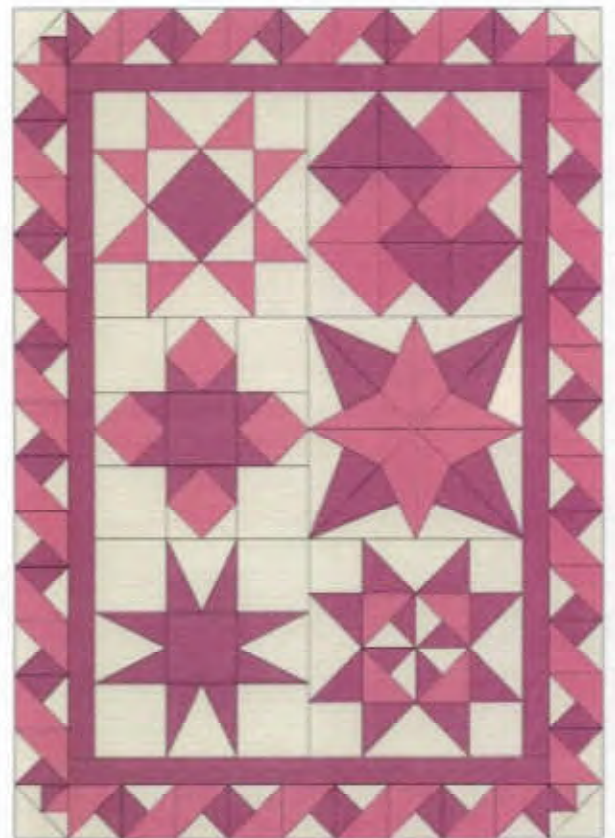
Sew the top border blocks together, and add them to the quilt top. Your top / bottom borders should measure $33\frac{1}{2}$ " long. Press carefully.

Your top should now measure $33\frac{1}{2}$ " x $45\frac{1}{2}$ "

Your quilt top is now complete!

Quilt as desired and bind.

Binding needed: 4 strips (42" x WOF) of your desired width.



Tips and Tricks for the Pieced Border

Trimming the blocks:

If you find that seeing where to position your ruler to trim your block is a challenge, try flipping the block over and trimming it with the wrong side up.

Carefully position your ruler over it, lining up the diagonal corners, and trim to size.

